

## Suggested social media posts and accompanying images for Food Standards Scotland's allergy campaign

Have you seen the latest campaign from @fsscot? It encourages young people in Scotland to talk about their food allergies with friends, and when they're eating out, and to remember their allergy pen if they've got one: Visit: <https://www.foodstandards.gov.scot/consumers/food-safety/food-allergies/food-allergies-are-nothing-to-cringe-about>

@fsscot campaign, in partnership with @YoungScot and AllergyUK1, raises awareness of the importance of food allergies and offers advice to young people to help manage their food allergies. Visit: <https://young.scot/get-informed/national/food-allergies-are-nothing-to-cringe-about>

### Images

(To save these images: right click and choose 'Save As')

